

Contents

Acknowledgments	2
Letter from the Authors to Teachers	4
Introduction	5
Appreciation: Listening to Teachers	8
Section I - The Relationship–Teaching–Learning Connection	13
Chapter 1. Creating Safety and Trust	15
Chapter 2. Relationships in the Classroom	23
Teacher–Self	24
Teacher–Student	25
Student–Student	28
Student–Learning	34
Section II - Tools for Creating The Compassionate Classroom	41
Chapter 3. Rediscover Your Giving and Receiving Nature	43
Chapter 4. Relearn the Language of Giving and Receiving	71
Chapter 5. Develop Skills Through Activities & Games	113
Chapter 6. A Guide to Lesson Planning	175
Appendix	181
References	183
Resources	185
Recommended Reading	189
Index	193
About PuddleDancer Press, NVC, and CNVC	199
About The Authors	201